

A PEER MENTORING PROGRAM FOR GRADUATE RESEARCH STUDENTS

REGISTER NOW AND TAKE PART IN

WRITE SMARTER: FEEL BETTER

Write Smarter: Feel Better creates connections and normalises the graduate research experience, providing a space in which students support, motivate and learn from each other.

The format combines intensive writing sessions with facilitated discussion, emphasising student experience, health and wellbeing.

What? 2 hour structured writing sessions

Where? At meeting hubs and online
When? Monthly from March - August
Who? Graduate research students

Benefits include:

- · Peer mentoring
- Inclusive supportive network
- · Psychological resilience
- Utilisation of University resources
- · Better mental health and wellbeing

If you are interested in participating in an upcoming Write Smarter: Feel Better session, contact:

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Write Smarter: Feel Better was developed in 2017 by PhD students with support from the Cooperative Research Centre (CRC) for Mental Health. Recognised by Melbourne Ideas 2017: engaging students to improve services and campus life